

KC PERINATAL RECOVERY COLLABORATIVE

Ways to Grow

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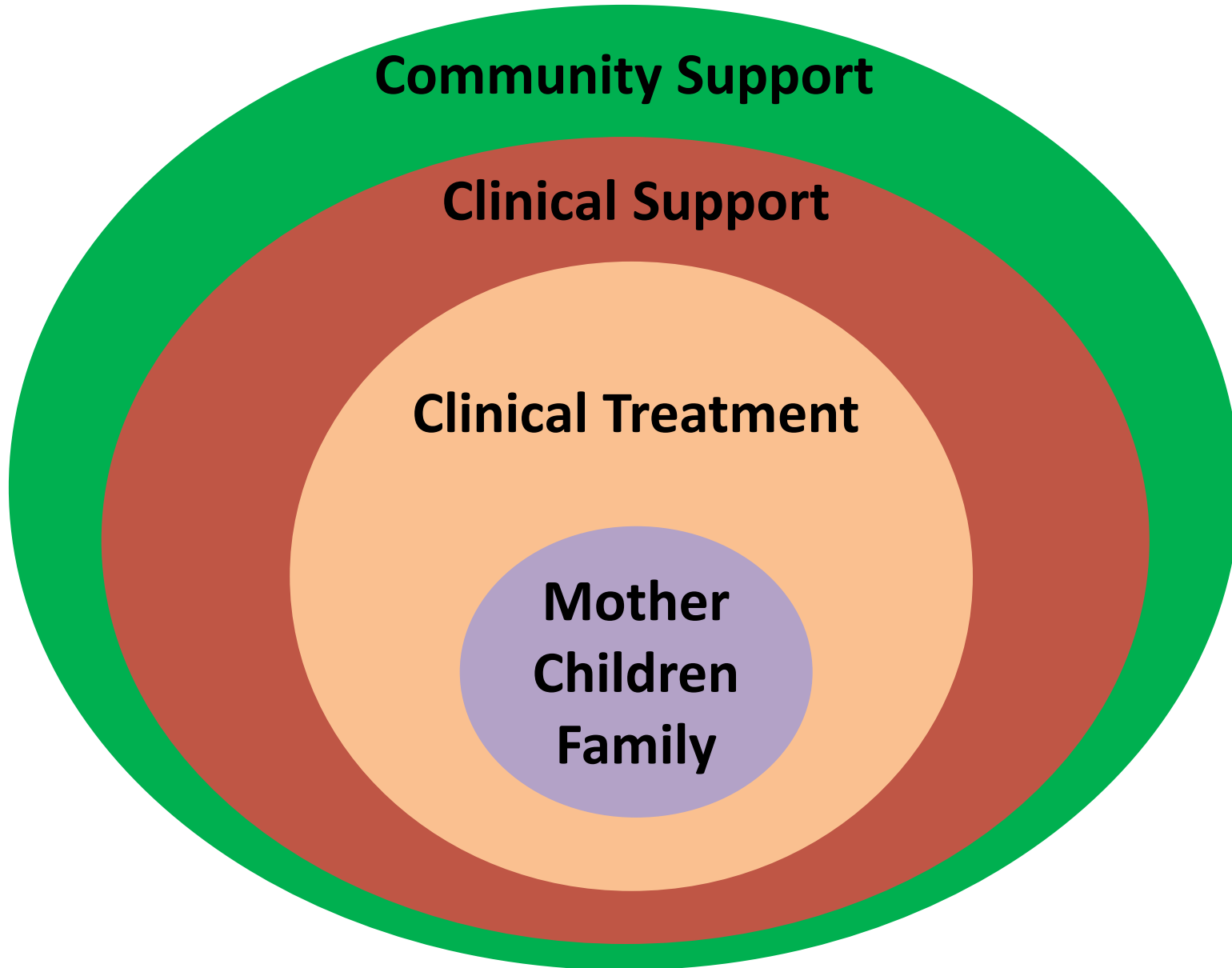


Our Goal

Develop, grow and nurture a coordinated network of services and programs to support pregnant and parenting families as they navigate the dual journey of parenting and recovery



ROSC for Families



- How Do We Support Women and Families
 - Pre-Pregnancy
 - Pregnancy
 - Delivery
 - Post-partum
 - Childhood and Beyond

A close-up photograph of a woman with long brown hair kissing a baby on the forehead. The woman is looking down at the baby with a gentle expression. The baby is lying down, and the woman's hand is visible near the baby's head. The background is softly blurred, suggesting an indoor setting.

Treatment that Supports Families

- Treatment that supports the family as a unit has been proved to be effective for maintaining maternal drug abstinence and child well-being.
- A woman must not be unnecessarily separated from her family in order to receive appropriate treatment.



Key Concepts Family Centered Treatment

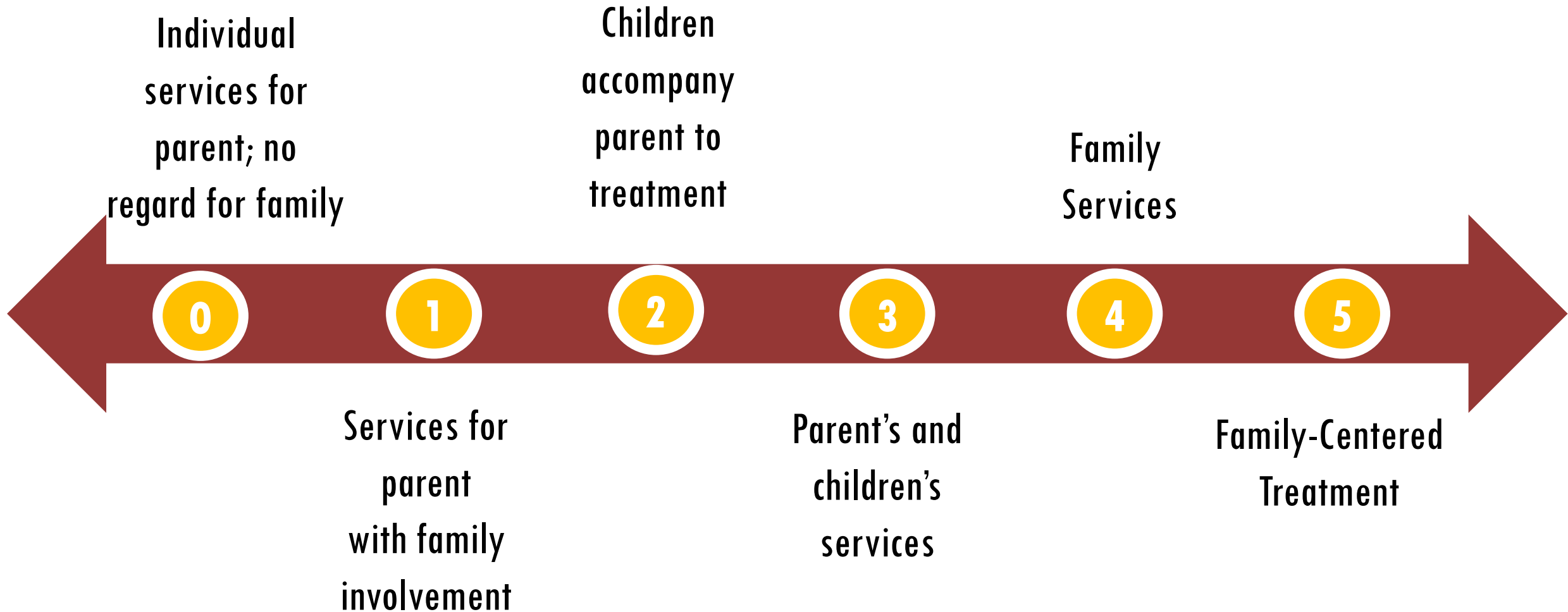
- **Substance use disorders are treatable**
- **Women define their families**
- **Families are dynamic with complex needs; treatment must be dynamic**
- **Conflict happens and can be resolved**
- **Safety first!**



More Key Concepts Family Centered Treatment

- **Comprehensive and culturally responsive**
- **Coordinating across multiple systems**
- **Based on the unique needs and resources of individual families**
- **Gender and age responsive and specific**
- **Multidisciplinary staff working with mutual respect and shared understanding**
- **Supporting the creation of healthy family system**

Family-Centered Treatment Continuum



Family Treatment

Needs



INDIVIDUAL

- Parenting skills and competencies
- Family connections and resources
- Parental mental health; co-occurring
- Medication management
- Parental substance use
- Domestic violence



FAMILY

- Basic necessities
- Employment
- Housing
- Child care
- Transportation
- Family counseling



CHILD

- Well-being/behavior
- Developmental/health
- School readiness
- Trauma
- Mental health
- Adolescent substance abuse
- At-risk youth prevention

Family Centered Treatment

Outcomes

INDIVIDUAL

Parent - Substance use, employment, health or mental health status

Child - developmental progress, educational performance, improved resiliency

Other family members - substance use, employment, health or mental health status



RELATIONAL

Whole families - family stability, reduced violence, healthy communication and parenting improvement

Between family members- parent-child relationship, attachment, relationship satisfaction, reunification

SYSTEM - SOCIETAL

Community- cost savings and increased tax base from improved employment, cost savings from reduced criminal recidivism, improved prenatal and birth outcomes, reduced school problems, future health costs.

What is Treatment?

Treatment: Services that focus on initiating and maintaining an individual's recovery from alcohol and/or substance use and on preventing relapse.

Treatment is an important component to the recovery process

Treatment for substance use disorders = multiple service components

ASAM Levels of Care

Intensive Outpatient

Medically Managed
Intensive Inpatient

1

2

3

4

Outpatient Services

Residential/Inpatient

What would Family-Centered Treatment look like in each Level of Care?

A photograph of a person carrying a child on their back in a sunlit forest. The person is wearing a yellow shirt and the child is wearing a grey shirt. The background is a soft-focus forest with sunlight filtering through the trees.

What is Recovery?

SAMHSA's Working Definition

Recovery is a process of change through which individuals improve their health and wellness, live self-directed lives, and strive to reach their full potential.

Recovery and Treatment are not the same!

Four Dimensions Supporting Recovery?

Health

Overcoming or managing one's disease(s) or symptoms and making informed, healthy choices that support physical and emotional well-being

Home

Maintaining a stable and safe place to live

Purpose

Conducting meaningful daily activities, such as a job, school or volunteerism, and having independence of income, and resources to participate in society

Community

Having relationships and social networks that provide support, friendship, love, and hope

Clinical Treatment ROSC for Families

Clinical Treatment: Mother/ Caregivers

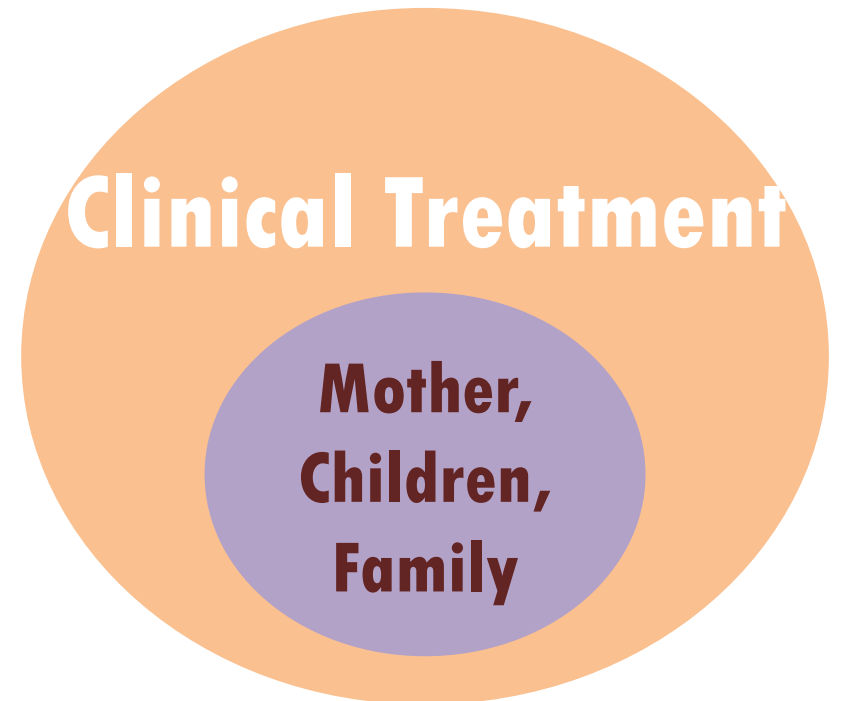
- Outreach and engagement
- Detoxification
- Counseling and education
- Relapse prevention monitoring
- Pharmacotherapy
- Continuing care

Clinical Treatment: Children

- Case planning
- Residential care
- Substance use prevention
- Therapeutic child care
- Therapeutic development

Clinical Treatment: Common

- Screening
- Intake
- Assessment
- Treatment Planning
- Medical services
- Mental Health services
- Trauma services
- Case management



Clinical Treatment ROSC for Families

Clinical Support: Mother/ Caregivers

- Life skills
- Parenting and child dev education
- Family program
- Employment support
- Link with legal and child welfare systems
- Housing supports
- Recovery community support services

Clinical Support: Common

- Advocacy
- Education and remediation support

Clinical Support: Children

- Child Care
- Mental health
- Prevention services
- Recreational services



Community Supports ROSC for Families

Community Supports: Common

- Housing
- Family strengthening services
- Child care
- Transportation
- TANF linkages
- Recovery support
- Workplace prevention
- Vocation/educational services
- Faith based organizations
- Recreational Supports



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